

Fertility Coaching Professional Trainings 2019

Infertility is becoming more and more a common challenge for many couples who are trying for a baby. The medical support has been developed to a high standard and the majority of couples are well supported through their medical care provider. For many couples, however, a fertility journey can potentially become an intense period of time associated with stress, uncertainty and anxiety. Research shows that emotional and mental stability has a positive impact on the fertility journey.

The Fertility Coaching Trainings are specialised programs for professionals who would like to expand their knowledge with additional tools and techniques when working with clients on fertility related topics. We focus on how to discuss sensitive topics with clients and how to support them towards their mental and emotional well-being. Expect these to be very engaging and hands-on classes with lots of practical sharing and interesting case studies. Furthermore, the Association of Psychotherapists and Counselors Singapore (APACS) has accredited both modules and participants will be given CEU points.

Program Overview

Module A – Infertility and Medical Basics about Assisted Reproductive Medicine

Dates – 14 – 15 Jan 2019 or 8 – 10 Mar 2019 or 22 – 23 Apr 2019 or 10 – 11 Jun 2019 (2 days)

- Fertility Coaching Clients & Technical Skills
- Infertility: Female / Male Infertility, Reasons for Infertility & Impact of Infertility
- Medical Basis Information about Assisted Reproductive Medicine (IUI, IVF)

Module B – Coaching & Counseling Framework

Dates – 17 – 19 Jan 2019 or 27 – 29 May or 13 – 15 Jun 2019 (2.5 days)

- Coaching Tools in fertility related sessions
- Self-help Tools & other Therapies
- Exercises & Case Studies

Participants & Pre-requisites

Module A: For coaches, counselors, psychologists, naturopaths, nutritionists, doulas, midwives, osteopaths and professionals who would like to expand their knowledge in this area. This is also a great module for women and men with an unfulfilled desire for a baby who would like to expand their knowledge.

Module B: For graduates of module A, staff of IVF clinics and professionals, who would like to expand their knowledge with coaching tools. Requirements: successful completion of module 1 or medical background with professional experience in the assisted reproductive medicine.

Registration

Contact us via 2plus.consulting@gmail.com for group pricing and/or to enrol for your workshop.

Module A S\$1,270

Module B S\$1,695

Your Facilitator



Tanja Faessler is a certified Coach & Counselor, Consulting Hypnotist, Life Coach, HypnoBirthing Practitioner and WSQ qualified Trainer. She founded her coaching practice in Singapore in 2012 to empower clients with options and to help them to make informed decisions. She has grown her experience through her diverse network with experts in the field of medicine and alternative therapies. Most importantly Tanja provides an insider's approach to the often-challenging roadblocks present in conquering challenges.